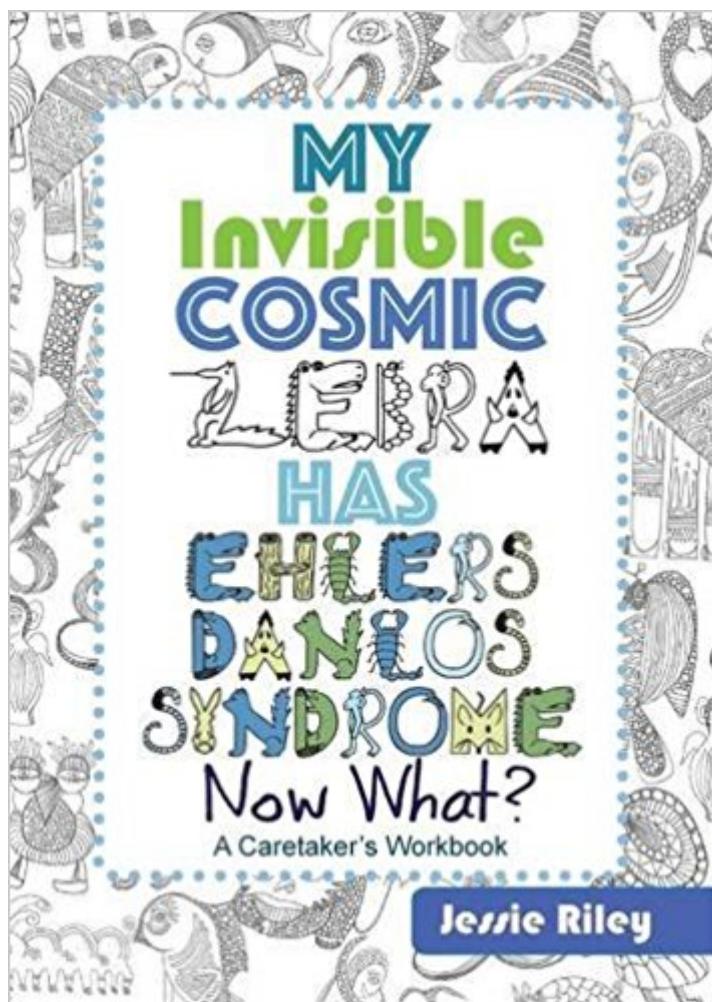


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# My Invisible Cosmic Zebra Has Ehlers-Danlos Syndromeâ€”Now What?



## Synopsis

If you've ever felt overwhelmed or clueless about how to navigate through life after being diagnosed with Ehlers-Danlos syndrome, an invisible illness, "My Invisible Cosmic Zebra Has Ehlers Danlos Syndrome--Now What?" is for you. The creative "how to" workbook aims to make invisibility no longer a disability for those managing an invisible illness. Written from a non-medical perspective, patients ages teen through young adult and caregivers/parents of tweens ages 6-12 can use the 100-page workbook as a resource tool for understanding the myriad of funny-but-not-so-funny non-medical challenges they might encounter after diagnosis. The workbook is full of concrete and practical advice, thought-provoking ideas, coloring pages, and lots of lovable cosmic creatures who give comforting advice--all with the aim of bringing HOPE and HUMOR into the lives of those living with an invisible illness. The Invisible Cosmic Zebra Collection can be found online at [invisibleillnessbooks.com](http://invisibleillnessbooks.com).

## Book Information

Paperback: 98 pages

Publisher: Kitanie (September 9, 2016)

Language: English

ISBN-10: 193573475X

ISBN-13: 978-1935734758

Product Dimensions: 8.3 x 0.3 x 11.7 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

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